

# BOHS Controlling Health Risks in Construction (CCHRC)

## Introduction

This is a one-day course which provides site supervisors and site managers an understanding and awareness of the health hazards they could come across on a construction site, such as noise, dust, and gases. This course is comparable to IOSH Managing Safely and CITB SSSTS.

## Course Duration

IHTC Ltd offer this as a **One** day course - delegates must attend all the whole day, which involves 8 hours of training and complete the exam at the end of the learning. This training can be completed face to face or remotely if required.

## Who Should Attend?

The course is suitable for a wide range of persons connected with the construction industry including Site Supervisors, Site Managers, Senior Engineers, Site Engineers, Project Leaders, Senior Managers . This training is best suited for individuals who manager operational teams.

## Course Programme

- Module 1** – Introduction and managing health risks.
- Module 2** – Risk assessment and control principles.
- Module 3** – Chemical hazards.
- Module 4** – Physical hazards.
- Module 5** – MSDs and mental health.
- Module 6** – Putting learning into action.

## Certification and Assessment

Delegates will complete a formal 20 question exam in short answer and multiple-choice format at the end of the course. Successful delegates will be awarded with a BOHS Certificate, this is a renewable qualification should you wish to refresh your knowledge after 5 years, however, this is only advisory not mandatory.

## Suggested Follow on and Complementary Courses

CITB Site Management Safety Training Scheme (SMSTS), CITB Site Supervisor Safety Training Scheme (SSSTS), Risk Assessment Workshop, MH Assessment Workshop, CoSHH Assessment Workshop, Fire Safety Principles-Fire Warden, First Aid at Work, TBT Delivery Training, IOSH SHE Construction Site Manager, NEBOSH Health and Safety Management in Construction.