

# IOSH Safety, Health & Environment for Construction Worker

## Introduction

The Institution of Occupational Safety and Health (IOSH) is Europe's leading body for health and safety and is committed to promoting protection from workplace hazards at every level. The Construction Worker certificate issued by IOSH is recognised nationally and international and identifies the holder as having been instructed in proactive approaches to understanding health, safety and welfare.

The course covers the basics in health, safety and welfare in a high impact interactive format, whilst giving the delegates the tools to recognise and understand workplace controls, implement sensible authorised changes and assist in reducing workplace risks.

## Course Duration

IHTC Ltd offer this course over one day.

## Who Should Attend

Construction Workers is for all operatives entering the construction/civils sector, and any organisation where construction tasks may be undertaken. It is designed to give all workers the core knowledge to stay safe and embeds a good understanding and techniques required to keep others safe as well.

## Course Programme

- Unit 1: Setting the scene
- Unit 2: Local law and enforcement
- Unit 3: General site safety
- Unit 4: High-risk activities
- Unit 5: Health

## Certification and Assessment

On course completion, delegates will undertake a short assessment. Assessments are carried out throughout the course and all delegates who successfully complete this course are issued with an IOSH certificate.

## Suggested Follow on and Complementary Courses

IOSH SHE CSM (for personal progression), WaH Awareness, Confined Space Awareness, Risk Assessment, CoSHH Assessment, Manual Handling Assessment