

Qualsafe Awards Level 2 Award in Understanding Mental Health in the Workplace (RQF)

Introduction

The QA Level 2 Award in Understanding Mental Health in the Workplace (RQF) is a regulated and nationally recognised qualification that has been specifically designed to raise awareness of the signs and symptoms of common mental health conditions in the workplace and how best to offer support and guidance to colleagues. During this course, candidates will develop a greater understanding on the importance of positive mental health and wellbeing in the workplace and the role that everyone plays in recognising and handling mental health issues at work.

Course Duration

IHTC Ltd offer this course over 1 day.

Time:

Start- 8.30am (registration at 8.15am)

Finish – 5pm

(No lunch provided, Tea & coffee available)

Course Programme

Candidates will gain understanding in the following areas:

- Understanding mental health and its importance
- Identifying the roles and responsibilities of those associated with mental health in the workplace
- Legislation associated with mental health in the workplace
- Promoting positive mental health in the workplace
- Common mental health conditions

Certification and Assessment

Assessment is by multiple-choice theory questions at the end of the course.
Successful delegates will receive a Qualsafe Awards Certificate valid for 3 years.

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