

# CITB Site Supervisors' Safety Training Scheme (SSSTS)

## Introduction

This two-day course introduces Site Supervisors to their legal responsibilities regarding health, safety, welfare and environmental issues.

## Course Duration

IHTC Ltd offer this course over two days.

## Who Should Attend?

This course is for first line managers – those who have or are about to acquire supervisory responsibilities.

### Day 1

- Health and safety Law
- Developing a Health & Safety Management System
- Occupational health
- Fire Prevention and control
- RAMS packs
- Hazardous substances
- Role of the supervisor

### Day 2

- Construction (design and Management) Regulations
- Working at height
- Personal protective equipment
- Manual handling
- Accidents and first aid
- How to deliver a toolbox talks
- Examination

## Certification and Assessment

The method of assessment will be by multiple-choice questions at the end of the course. Successful delegates will receive a CITB certificate valid for five years, renewed by attending a 1-day refresher course.

## Suggested Follow on and Complementary Courses

CITB Site Management Safety Training Scheme, First Aid at Work, Fire Safety Principles-Fire Warden, Risk Assessment, CoSHH Assessment, Manual Handling Assessment

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Certificate Number 20590

